

Ideal for
pH 5.5
healthy skin

sebamed®



All you need to know
for healthy skin

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Your competent skin care adviser

The skin, our largest organ, is exposed to varied stress every day. Environmental pollutants, UV radiation, pathogens that cause disease and dry air not only affect the skin's appearance but also its health. Wrong skin care can strain the skin, too. For example, washing with soap – a conventional skin cleansing product for over 2000 years – destroys the skin's natural protective acid mantle and makes it susceptible to infections, irritation, allergy and dehydration.

That's why dermatologists forbid the use of soap on sensitive or diseased skin. In contrast, the right skin care can make the skin more resistant to daily stress and prevent problems with the skin. The basis of medicinal skin care is soap-free cleanser with pH value of 5.5, supplemented by a skin care regimen suitable for the skin type. The skin care guide provides tips on how you can keep your skin healthy through using the right skin care, because only healthy skin is beautiful.



Skin care is more than cosmetics

Only healthy skin is beautiful.

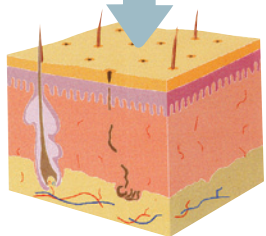
The skin is our largest organ. It is 1.5 to 2 square metres in size, but only a few millimetres thick and weighs 10 - 20 kg. On every square centimetre of the skin there are approx. 20 sebum glands, 100 sweat glands, 4 m nerves, 1 m blood vessel, 5 hairs on average, roughly 5000 sensory organs and millions of cells.

The skin is an active tissue with vital functions. It is the contact point with the environment and is therefore exposed to a large number of positive as well as negative influences. Only healthy skin can perform its function and withstand constant stress. That's why skin care is more than cosmetics. Skin care can keep the skin healthy, strengthen its power of resistance and maintain its attractive appearance. Because only healthy skin is beautiful.

Structure and function of the skin

DANGERS FOR HEALTHY SKIN

- IRRITANTS
- STRESS
- BACTERIA
- FUNGI



The skin consists of three layers. Fat reserves are stored inside the adipose tissue. The next layer over it is the elastic corium with blood vessels, nerve fibres, sensory organs, sweat glands, hair follicles and sebum glands. The cuticle is composed of an inner layer with living cells and the horny layer consisting of dead cells which are embedded in fatty substances. The horny layer provides protection against pathogens that cause disease, irritants as well as pollutants and dehydration. This function is supported not only by the horny cells

and the horny layer fat but also by natural moisturizing factors that bind water in the skin and by the hydro-lipid film, a mixture of sweat and sebum on the surface of the skin. The horny layer also determines the appearance of the skin: smooth, silky and firm or rough, spotty and loose. Daily stress due to influences that affect the skin on the job, in the household or during leisure time disturb the skin barrier. As a result, the skin dries out, becomes rough, chapped, flaky and itchy. Penetrating irritants and pollutants can cause skin irritations, inflammations and allergies. Right skin care can reinforce the skin's function as a barrier, while wrong skin care weakens it.

Our skin has a special feature: its surface is slightly acidic. On average the pH value of the skin is 5.5.

The slightly acidic pH value of the surface of the skin wards off pathogens that cause disease. The balance of the ecosystem of the surface of our skin promotes harmless micro-organisms well-adapted to humans which are found in thousands on every square centimetre of the skin. Harmful bacteria and fungi do not tolerate the acidic pH value and are displaced by normal micro-organisms.

In addition, the acidic pH value also stabilizes the skin's function as a barrier. It ensures that lost fat in the horny layer is replenished quickly through reproduction. Another effect of the pH value of 5.5 is that the lipids in the horny layer retain their labyrinthine structure. This prevents water loss from the inside and penetration of pollutants or irritants from the outside. Thus the skin's acid mantle performs an important protective function.

The skin's natural protective acid mantle

Changes in the pH value of the skin weaken the protective function of the acid mantle. This promotes skin infection, dehydration, skin irritations and allergies.

The skin's natural defense system

The pH value shows whether a liquid is acidic, neutral or a base (alkaline). The pH scale ranges from 0 to 14. The neutral point is 7. Values over this point denote bases, values under this point acids. The further the value is away from 7, the stronger is the acid or base.

Not only skin contact with strong acids or bases but also daily skin care can damage the protective acid mantle when soap or other care products whose pH value does not correspond to the skin's natural pH value of 5.5 are used. This is true for most so-called preparations with skin neutral pH.

The skin's natural protective acid mantle
pH value of 5.5

Medicinal skin care with a pH value of 5.5

sebamed products fulfill the criteria of medicinal skin care



Skin care is more than cosmetics because it not only maintains or improves the beautiful appearance of the skin but also supports and reinforces the protective functions of the skin. Health care begins on the

skin – with medicinal skin care. This means care which is specially suited to the special features of the skin, strengthens its protective mechanisms and helps it to cope with stress.

Important for right skin care: the skin condition

Fat content, moisture and sensitivity of the skin vary greatly from individual to individual. They are an inherited condition, but are also subject to the influence of age,

external influences, stress, diseases, medications and psychological factors. Medicinal skin care must be suited to the individual and current skin condition in order to develop its best effect. When the forehead, nose and chin – the so-called T region – is rather oily and the cheeks and throat are normal or dry, this is called **combination skin**. Cell division and metabolism become slower during our lifetime, sebum and sweating decrease. Mature skin is drier, more sensitive and less elastic. Regular skin care can improve the appearance of mature skin and help to delay ageing processes.

You can determine your skin condition yourself:

Oily skin produces excessive amounts of oily sebum. The high content of fatty secretions in the hydrolipid film makes the skin very shiny. Particularly in younger people the skin tends to have pimples and blackheads.

Normal skin is the ideal skin condition. It is smooth, supple and has a silky shine. Its fat and moisture content is exactly right. Its function as a barrier and its protective acid mantle are intact.

Dry skin seems rough, dull, tight, has a tendency towards flaking and appears loose due to its lack of moisture. Barrier function and protective acid mantle are impaired, the skin is sensitive.

Your personal skin test...

Examine your skin without cream or make-up about half an hour after washing. What can you see and feel? Add the points behind the ticked field. If there are great differences between the T region and the rest of your face, you should perform the examination for both areas separately.

A: skin condition	
Shine:	
• not at all	(2)
• slightly silky	(1)
• very shiny everywhere	(0)
Roughness:	
• no	(0)
• yes	(1)
Tightness:	
• no	(0)
• yes	(1)
Flaking:	
• no	(0)
• yes	(1)

4-5 points:

Extremely dry skin requiring a great deal of oils, moisture and protection. This skin type requires gentle cleansing and regular care.

3-4 points:

Dry skin that needs a great deal of moisturizing and also the external application of oils. Medicinal skin care enables gentle cleansing and compensation of deficits as well as protection against damage and further dehydration.

1-2 points:

Normal skin with an ample supply of oils and moisture. Medicinal skin care stabilises the normal skin condition, strengthens the barrier function and the acid mantle. It keeps skin fit for daily stress.

0 points:

Oily skin with increased production of sebum and tendency towards pimples and blackheads. The skin requires thorough but gentle cleaning. Oily creams are not suitable. Medicinal skin care can reduce spots and pimples.

B: sensitivity

Itching, burning:

- never (0)
- occasionally (1)
- often (2)

Reddening:

- never (0)
- occasionally (1)
- often (2)

Pimples, blisters:

- never (0)
- occasionally (2)
- often (3)

Flaking, sore places:

- never (0)
- occasionally (2)
- often (3)

7-12 points:

Your skin is very sensitive. Skin cleansing and care products must be tolerated very well by the skin and should strengthen your skin's function as a barrier.

3-6 points:

Your skin is sensitive. Strains on the skin can trigger skin irritations or inflammations in you. Medicinal skin care can increase your skin's power of resistance to such disturbances.

0-2 points:

Your skin is only slightly sensitive, the barrier function is intact. To make sure it stays this way, you should strengthen your skin's health through medicinal skin care.



Medicinal skin care with sebamed

Which products for which skin condition?

Skin Cleansing

Application site	Face				Body				Hands				Hair			
Skin condition	O	N	D	C	O	N	D	C	O	N	D	C	O	N	D	dd
Cleansing Bar	••	••		••	••	••			••	•						
Liquid Face & Body Wash	••	••	•	••	••	••	•		••	•	•	•	•	•	•	
Spa Shower		•	•		••	••	•									
Olive Face&Body Wash	•	••	••	•	•	•	••	•	•	••	••					
Fresh Shower				••	••	••			•	•	•	•	•	•	•	
Cleansing Shower Oil					•	••	••		••	•						
Anti-Dry Derma-Soft Wash Emulsion	•	••	•		••	••	••	••	•				•			
Anti-Dry Hydrating Shower Balsam	•	•			••	••			•	•						
Anti-Dry Revitalizing Shampoo													•	••		
Clear Face Cleansing Bar	••	••		••	••	•			•							
Clear Face Antibacterial Cleansing Foam	••	••	•	••			•									
Clear Face Deep Cleansing Toner	••	••		••												
Anti-Dandruff Shampoo													••	••	•	••
Everyday Shampoo													•	••	••	
Repair Shampoo													••	••		
Anti-Hairloss Shampoo													••	••	•	•

Skin Care

Application site	Face				Body				Hands			
Skin condition	O	N	D	C	O	N	D	C	O	N	D	C
Moisturizing Cream	•	••	••	••		•					•	•
Anti-Ageing Q10 Protection Cream	•	••	•	••							•	
Anti-Ageing Q10 Firming Body Lotion						•		•	••	••		
Moisturizing Body Lotion					•	•	•		•	••		•
Body-Milk					•	•			••	••		•
Hand + Nail Balm											••	••
Anti-Dry Day Defense Cream					•	••	•				•	•
Anti-Dry Night Intense Cream					•	••					••	••
Anti-Dry Hydrating Body Lotion						•			••	••		•
Clear Face Care Gel	••	••	•	••								
Clear Face Anti-Pimple Gel	••	••		••								
Clear Face Coloured Anti-Pimple Cream	•	••		••	•							

O = oily skin,
N = normal skin,
D = dry skin,
C = combination skin,
dd = dandruff,

• = suitable,
•• = very recommendable

sebamed deodorants are suitable for all skin types.

sebamed Clear Face solves the problems of teenage skin with a tendency towards acne.

Baby sebamed is a medicinal skin care range especially designed for babies' delicate skin.

sebamed Sun Care offers reliable protection against the harmful UV-A and UV-B rays. Ideal protection to prevent sunburn.



sebamed soap-free personal care

Protection and skin care during cleansing

For healthy overall personal hygiene sebamed offers a coordinated range of soap-free cleansing products. With their especially gentle, active cleansing substances and choice care

components, they protect the skin against dehydration. Their pH value of 5.5 stabilises the skin's natural protective acid mantle and supports its biological barrier function.

Cleansing Bar

Product description:
Soap-free cleansing bar with the pH value of 5.5 of healthy skin.

Properties and special features:
A very mild formulation cleanses thoroughly without drying out the skin. The novel skin care complex

composed of the skin related amino acids, lecithin and moisturizing vitamins maintain the balance of the skin's hydro-lipidic system. Panthenol regenerates the skin.

Package sizes:
100 g and 150 g cleansing bar



Liquid Face & Body Wash

Product description:
Soap-free face and body wash with the pH value of 5.5 of healthy skin.

Properties and special features:
A sophisticated skin care complex of vitamins, allantoin and the active moisturizing Pentavitin (R - registered TM Symbol) protects the skin

from dehydration. This rich blend of moisturizers and gentle tensides cleanse the skin without irritation. The skin becomes perceptibly moother and suppler.

Package sizes:
200 ml, 400 ml bottle;
1000 ml bottle;
1000 ml refill



Fresh Shower

Product description:
Soap-free shower emulsion with the pH value of 5.5 of healthy skin.

Properties and special features:
Cleanses the skin gently, making it smooth and supple. For all skin types, especially suitable for sen-

sitive skin and frequent showering. For all skin types, also for dry skin. Always remember: don't shower too hot, too long or too often.

Package sizes:
200 ml and 400 ml bottle;
1000 ml with pump





Spa Shower

Product description:
Soap-free shower emulsion with the pH value of 5.5 of healthy skin

Properties and special features:

Water lily extract is known for its relaxing fragrance and hydrating capacity. Combined with mild wash

active ingredients, a balanced skin care complex with allantoin, the skin is moisturized and refreshed during cleansing, leaving it soft and smooth.

Package sizes:
200 ml bottle,
1000 ml bottle with pump



Olive Face & Body Wash

Product description:
Soap-free shower emulsion with the pH value of 5.5 of healthy skin

Properties and special features:

An extra mild, soap-free cleansing formula, combined with a skin care complex based on olive oil,

panthenol and a botanical starch derivative counteract irritation and lipid loss during cleansing. Protection and moisture for dry sensitive skin.

Package sizes:
200 ml, 400 ml bottle;
1000 ml bottle with pump



Cleansing Shower Oil

Product description:
Soap-free conditioning shower oil with the pH value of 5.5 of healthy skin.

Properties and special features:

Contains a highly effective skin care complex with over 50% lipids, which includes avocado oil and lecithin.

It keeps the skin, which tends to dry out smooth and supple. This provides a natural barrier against dehydration and irritants.

Package sizes:
200 ml and 500 ml bottle with pump

Feminine Intimate Wash pH 3.8

Product description:
Soap-free feminine intimate wash for gentle external cleansing of the vulva with a physiological pH of 3.8.

Properties and special features:
Especially formulated with a mild naturally based wash active complex and adjusted with skin-related lactic acid to the pH value 3.8 for the micro flora balance of the

genital acid mantle. Aloe barbadensis activates the skin's moisture balance. The soothing antibacterial property of alpha bisabolol cares for the sensitive skin and prevents irritation. Reassuring pleasant fragrance for your personal comfort, especially during the menstrual cycle.

Package size:
200 ml bottle



Feminine Intimate Wash pH 6.8

Product description:
Gentle intimate hygiene against dryness and irritation of the vulva, especially at the on-set of menopause

Properties and special features:
Especially formulated with a mild naturally based wash active compound and adjusted to the pH value of 6.8 of the genital acid mantle.

Through the hormonal changes, that occur at the change of life, dryness of the mucous lining is often an accompanying symptom, reducing the protective capacity. seba med Feminine Intimate Wash provides adequate therapy supportive feminine hygiene.

Package size:
200 ml bottle





sebamed face care

Intensive protection and optimum care of facial skin

Delicate facial skin reacts very sensitively to damaging external influences like UV radiation, stress and pollutants. It needs highly effective protection to prevent dehydration, irritation and premature formation of wrinkles and lines. That is why sebamed research has

invested years of work in the development of innovative face care products. Regular care with the sebamed face care range keeps skin healthy, young-looking and radiant.

Moisturizing Cream

Product description:

Cares for the skin and protects it with its high vitamin E content against free radicals which are produced in the skin through damaging external influences and trigger premature skin ageing. Regular use of sebamed Moisturizing Cream prevents the formation of wrinkles, lines and increases the skin's ability to bind mois-

ture, making it smooth and supple – dermatologically tested.

Properties and special features:

Apply to the face, the neck and the décolleté after cleansing daily. Also suitable for use as make-up foundation.

Package sizes:

50 ml tube, 75 ml jar



Lip Defense

Product description:

Protective, smoothing care for the lips.

Properties and special features:

The lip defense stick offers three-fold protection: It cares for and smoothes the delicate skin of the lips with plant-derived oils like rice bran oil, jojoba and peanut oil. It prevents dehydration

with the natural moisturizer phytantriol and regenerates with vitamin E. The UV protection with sun protection factor 30 prevents the formation of sun blisters on the lips. Free from colorants and preservatives.

Package size:

4.8 g stick





sebaMed protective personal care

Does your skin good

Individual and regular care is the best protection against increasing environmental impacts.

That is why sebaMed offers specially formulated products for the face and body with the pH value of 5.5. sebaMed Moisturizing Body Lotion cares for normal skin with allantoin and camomile extract.

sebaMed Body Milk contains a skin care complex with the richness of plant-derived oils and moisturising ingredients specially suited to the needs of dry skin.

sebaMed Hand & Nail Balm smoothes your hand optimally.



Moisturizing Body Lotion

Product description:
Oil-in-water emulsion with a pH value of 5.5.

Properties and special features:
Lotion for sensitive skin. The stabilization of the barrier function and the

moisturizing factors care for the skin, leaving it smooth and supple. The lotion has proven itself in the care of skin stressed by sport and problem skin.

Package sizes:
200 ml and 400 ml bottle

Body-Milk

Product description:
Protective moisturizing care through the oil-in-water emulsion with a pH value of 5.5.

Properties and special features:
Intensive personal care with shea butter and jojoba oil

increase the moisture content in the skin and has a smoothing effect without leaving a greasy film. Glycerin and the pH value provide protection against dehydration. D-Panthenol supports the regenerative process.

Package size: 200 ml bottle



Derma Hydrating Body Gel

Product description:
The light oil-free texture of Derma Hydrating Body Gel is rapidly absorbed by the skin and non-occlusive, leaving the skin soft, smooth and refreshed.

Properties and special features:
Derma Hydrating Body Gel provides immediate soothing regeneration and restores the moisture balance of the skin. The skin is refreshed and revitalized. Its pH value of 5.5 supports the maintenance of the skin's acid

mantle and its vital protective capacity. The high skin tolerability of Derma Hydrating Body Gel relieves skin irritation after shaving and depilation. For problematic skin, which does not tolerate oils and emulsifiers this light gel is suitable for balancing, hydrating care of the skin. In a dry skin condition Derma Hydrating Body Gel can be used as an additional basic hydrating treatment before sebaMed Body-Milk in aiding the skin to regain its equilibrium.

Package size:
200 ml bottle



Hand + Nail Balm

Product description:
Moisturizing oil-in-water care balm with the pH value of 5.5 for fatigued hands and nails.

Properties and special features:
The balm moisturizes dry

hands and fingernails. It is absorbed very quickly, and therefore it can also be used for hand care in the household and at work.

Package sizes:
75 ml and 150 ml tube;
300 ml bottle with pump





The sebamed hair care system

Healthy hair grows only on a healthy scalp. With sebamed you have exactly the right care with a pH value of 5.5 for every type of hair: from Everyday Shampoo with the mild glucosan formulation for very frequent washing to sebamed Anti Dandruff Shampoo to sebamed Repair Shampoo for stressed, damaged hair. The pH value of 5.5 in all sebamed hair care products provides protection against electrostatic charges and dehydration.

Everyday Shampoo

Product description: Especially gentle cleansing due to the surfactant. Cares for and protects hair and scalp with the pH value of 5.5, especially when hair is washed frequently. Also suitable for sensitive scalp and dry, stressed skin.

Properties and special features: Formulated with glycoside

surfactant blend to safeguard the hair and scalp against dryness. These vegetal based active cleansers provide extra mild cleansing to allow daily hair care.

Package sizes: 200 ml bottle, 400 ml bottle; 1000 ml bottle with pump



Anti-Dandruff Shampoo

Product description: Healthy hair can be impeded by dandruff as the scalp has lost its natural balance. Anti-Dandruff Shampoo has been especially formulated with mild wash active substances to gently cleanse the hair and scalp removing visible signs of dandruff. Their pH value of 5.5 stabilizes the scalp's protective acid mantle and protects the hair against drying out.

Properties and special features: The active ingredient Climbazole reliably dislodges dandruff flakes, reducing inflammation and irritation, therefore promoting the regeneration of the scalp. Moisturizing and conditioning ingredients revitalize the hair.

Package sizes: 200 ml and 400 ml bottle



Anti-Hairloss Shampoo

Product description: The efficacy of the sebamed Anti-Hairloss Shampoo is based on the NHE formula plus caffeine and ginkgo biloba for a medicinal activation of the micro-circulation of the scalp.

The increased supply of nutrients and oxygen to the papilla and follicle create optimal growth conditions.

Package sizes: 200 ml, 400 ml bottle



Repair Shampoo

Product description: sebamed Repair Shampoo was specially developed for a damaged hair structure. Structural damage results from e.g. permed hair, colouring, styling, hot blow drying and sun. With its highly effective repair complex, sebamed Repair Shampoo cleans, cares for and protects your hair and scalp. The pH value of 5.5 stabilizes the hair structure.

Properties and special features: Biopolymers build a micro fine protective film on the hair and protect it against damaging pollutants. Natural wheat protein and moisturizers regulate the hydro-balance of hair and scalp.

Package size: 200 ml, 400 ml bottle





sebamed biological deodorization

Natural, gentle and safe

sebamed deodorants have the pH value of 5.5 of healthy skin. Thanks to the system of active biological ingredients, they deodorise gently and reliably, without suppressing the natural perspiration. This way they always provide a safe feeling of freshness and guarantee maximum skin compatibility – particularly in sensitive skin.



Fresh Deodorant Pump Spray and Roll-on

Product description: Prevents body odour without impairing the natural function of the sweat glands. Also extremely gentle to sensitive skin. For every skin type. Free from aluminium, colorants and preservatives.

Scents: active, blossom and fresh.

Package sizes: 75 ml pump spray, 50 ml roll-on

24h Care Deodorant Spray and Roll-on

Product description: The first deodorant with the trilipid formula that is as kind as possible to the skin; also suitable for use after shaving underarm hair. Provides 24 hours of gentle and reliable freshness, while

protecting and smoothing the skin with allantoin. Free from alcohol and aluminium.

Package sizes: 75 ml pump spray, 50 ml roll-on



Balsam Deodorant Sensitive

Product description: The Trisoft system of active biological ingredients deodorizes and cares for the skin. Unpleasantly smelling substances are bound and their formation caused by skin bacteria is inhibited. The skin is protected and cared

for at the same time. For very sensitive skin. Also suitable for use after shaving underarm hair. Free from alcohol and aluminium compounds, preservatives and colorants.

Package size: 50 ml roll-on

Balsam Sensitive For Men

Product description: Sensitive For Men provides the especially sensitive skin under the arms with reliable protection against body odour. Thanks to the Trisoft system of active biological ingredients and the pH value of 5.5.

Thus the deodorant provides reliable, long-lasting freshness with biological ingredients that are very gentle to sensitive and problematic skin. Dermatologically tested suitability for sensitive skin. The lipid content in the Trisoft system of active biological ingredients and the pH value of 5.5 ensure care and protection of the skin.

Package size: 50 ml roll-on

Properties and special features:

sebamed Balsam Sensitive For Men inhibits bacteria on the skin that produce body odour and binds the odour substances with the Trisoft system of active biological ingredients.





The best protection from the very first day.

All products in the Baby sebamed range are formulated with the pH value of 5.5 of healthy skin, to promote the development of baby's acid mantle and stabilize its pH value. Baby sebamed products use mild tenside compounds with herbal extracts for gentle, non-irritating cleansing of the delicate skin. Natural active ingredients such as almond oil, shea butter, allantoin and panthenol soothe and moisturize the skin without blocking the important metabolic function of transpiration.

Baby Cleansing Bar No-tears formula



Product description:
100% soap and alkali free, mild, emollient formula for the whole body cleansing of the delicate baby skin. The natural moisturizing agents urea, vitamins, and amino acids leave baby's tender skin smooth and soft, minimizing the risk of dryness

or irritation. Its pH value of 5.5 promotes the consolidation of the skin's acid mantle. Also recommended for extremely sensitive or dry skin e.g. atopic eczema, senile xerosis or psoriasis.

Package size:
100 g cleansing bar

Baby Bubble Bath No-tears formula

Product description:
This 100% soap- and alkali free formulation with the pH value of 5.5 supports the development of the baby's acid mantle and the moisture balance in the skin. The extra mild emollient formula cleanses gently without drying baby's tender skin. The herbal extract

of camomile soothes and protects the delicate skin against irritation. Also recommended for extremely sensitive or dry skin e.g. atopic eczema, senile xerosis or psoriasis.

Package sizes:
250 ml, 500 ml bottle;
1000 ml bottle with pump



Baby Wash extra soft

Product description:
Baby Wash is a 100% soap- and alkali free formulation. The very mild wash-active compound is based on a sugar tenside complex offering high skin tolerance for the extra gentle daily cleansing of a newborn's delicate skin. Its pH value of 5.5 supports the moisture balance of baby's skin and the development of the skin's biologically protective acid mantle.

Baby Wash has been especially formulated with a refatting compound containing vernix-related squalane to balance the lipid content of baby's ten-

der skin. The skin is cleansed without causing dryness or irritation. The active ingredient allantoin safeguards against irritation, keeping the delicate skin soft and smooth. Pleasant fragrance for baby's comfort. Dermatologically and clinically tested. Baby Wash is recommended by doctors for cleansing in cases of atopic eczema. Formula does not sting in the eyes. Free from colorants and parabens.

Package sizes:
200 ml bottle,
1000 ml bottle with pump



Children's Shampoo No-tears formula

Product description:

The 100% soap- and alkali free, mild emollient formula is ideal for the cleansing and care of the fine hair and delicate scalp of babies and children. The gentle cleansing action minimizes the risk of dryness or irritation, due to the excellent skin tolerance. With the

pH value of 5.5 it promotes the development of the scalp's physiological acid mantle. Also recommended for extremely sensitive or dry skin e.g. atopic eczema, senile xerosis or psoriasis.

Package sizes:

150 ml, 250 ml and 500 ml bottle



Protective Facial Cream

Product description:

The protective moisturizing complex of Baby Protective Facial Cream with vitasqualane, lipids and the natural moisture-retaining ingredients allantoin and hyaluronic acid prevents dryness, enhancing the barrier function against noxious substances and soothing baby's tender skin.

The lipid compound and panthenol safeguard against irritation around the mouth from saliva. Easy to apply and rapidly absorbed without any greasy residue. Free from parabens. Dermatologically tested.

Package size:

50 ml dispenser bottle



Baby Lotion

Product description:

This efficiently moisturizing and emollient complex with 7% lipids is rapidly absorbed for gentle protection to safeguard baby's delicate skin against dryness. Glycerin, propylene glycol and sorbitol enhance the skin's hydro-balance, making

it smooth and supple. Baby sebamed with its pH value of 5.5 has clinically proven to promote the development of the skin's protective hydro-lipid layer, the acid mantle.

Package sizes:

100 ml and 200 ml bottle



Baby Body-Milk

Product description:

Baby's delicate skin needs soothing, nutritive protection against dryness. The 23% natural lipid complex of sweet almond oil, shea butter, skin-related squalane and lecithin is easily absorbed by the skin to promote its hydro-lipid balance without harmful occlusive effects. Allantoin and a high concentration of panthenol actively regulate the skin's moisture content, regenerating the skin to counteract irritation, and make baby's skin soft and smooth. The effective skin care agents of Baby Body-Milk protect the skin

against noxious environmental influences. Especially formulated with the pH value of 5.5, Baby Body-Milk promotes the development of the protective acid mantle with its vital barrier function to consolidate the resistance of baby's skin. Pleasant fragrance for baby's comfort. Free from mineral oils, PEG-bonds, nitro-musk compounds, formaldehyde, nitrosamines, dioxan and parabens. Dermatologically and clinically tested.

Package size:

200 ml bottle





Baby Cream extra-soft

Product description: For the intensive protection of baby's delicate skin, this rich water-in-oil emulsion with 42% lipids forms a moisturizing film without interfering with the skin's transpiration and metabolic processes. Well suited for the prevention of nappy rash, the active ingredient panthenol stimulates the

healing process. Excellent protection of the skin of the face and hands against cold weather. Also recommended for extremely sensitive or dry skin e.g. atopic eczema, senile xerosis or psoriasis.

Package sizes: 50 ml and 200 ml tube



Soothing Massage Oil

Product description: For a daily massage Baby sebamed offers an oil, which contains a high content of natural soya oil.

Properties and special features:

sebamed Baby Massage Oil has been formulated with an oil which contains a high content of linoleic and linolenic acids (vitamin F), to provide high skin tolerability.

It makes dry skin noticeable smoother, increasing the skin's elasticity. The resisting power of baby's skin is enhanced, making it less vulnerable to irritations. Wheat germ oil in co-action with essential fatty acids maintains the lipid balance and moisture content of the skin.

Package size: 150 ml with pump



Diaper Rash Cream

Product description: This rich emollient water-in-oil formula with its pH value of 5.5 is strongly indicated for the prevention and rapid relief of diaper dermatitis. Titanium dioxide forms a protective barrier against aggressive substanc-

es which could cause an inflammation of baby's delicate skin. Also recommended for dry, chafed or irritated skin in children and adults.

Package size: 100 ml tube

Baby Cleansing Wipes

Product description: Dermoprotective lotion formula especially suited for gentle and efficient cleansing of delicate baby skin. Hygienic, effective protection with the pH value of 5.5. The botanical extract of camomile and panthenol soothe and protect against irritation. A gently antibacterial formula to increase pathogenic resistance. Handy at home and away. Free from alcohol, colorants, nitro-musk compounds,

formaldehyde, nitrosamines, dioxan and parabens. PEG-free. Dermatologically tested.

Package sizes: 25 and 72 wipes



Baby Oil Wipes

Product description: Especially indicated for the thorough and gentle cleansing of the nappy area. Excrement residues are removed without skin irritation. Rich natural oils safeguard against irritation and dryness. Biobranil and wheat bran extract oil offer biological protection.

The ingredients of Baby Oil Wipes help to inhibit inflammation, relieve itching and soothe the skin. Hygienic and convenient to discard after use. Free from parabens.

Package size: 70 wipes dispenser



Skin Care Oil

Product description: Its rich natural oil is the ideal solution for cleansing the nappy area. Also recommended for extremely sensitive or dry skin, e.g. atopic eczema, senile xerosis

or psoriasis. Free from preservatives.

Package size: 150 ml bottle





sebamed CLEAR FACE

Special care for teenage problem skin

The pH value of 5.5 controls pimples and blackheads naturally: It prevents contraction of sebum gland pores caused by skin swelling and inhibits acne bacteria. At the same time, the pH value of 5.5 supports the protective mechanisms

against dehydration and damaging external influences. Effect on skin impurities and compatibility dermatologically tested. Also suitable for the therapy supportive cleansing and care of acne skin after consulting with a doctor.

CLEAR FACE Cleansing Bar

Product description:
An effective bar against pimples: soap-free cleansing with the pH value of 5.5 for blemished skin tending to acne.

Properties and special features:
Pore-deep cleansing

combats blackheads and pimples effectively and gently. Emollients and natural moisturising substances provide for smooth, supple skin. Contains no colorants or preservatives.

Package size:
100 g, 150 g cleansing bar



CLEAR FACE Antibacterial Cleansing Foam

Product description:
Intensive, antibacterial active and gentle cleansing with a pH value of 5.5, combats pimples and skin impurities.

Properties and special features:
Montaline C40 cleanses not only pore-deep but also

has an antibacterial effect. It leaves the skin feeling silky smooth. Panthenol moisturizes and supports the regeneration process.

Package size:
150 ml pump dispenser bottle



Get into the picture and smile – No more pimples!



80% of all teenagers suffer from skin impurities.

sebamed CLEAR FACE Antibacterial Cleansing Foam: 62 % fewer pimples after just 2 weeks. Confirmed in clinical tests.

CLEAR FACE Deep Cleansing Facial Toner



Product description:
Pore-deep skin cleansing with an anti-pimple effect and intensive care at a pH value of 5.5.

Properties and special features:
Excess oil is removed from the skin with alcohol, thus providing an antibacterial effect.

Cucumber extract, hydrolyzed silk, allantoin and panthenol care for, soothe and regenerate the skin.

Package size:
150 ml bottle

CLEAR FACE Care Gel



Product description:
The moisturizing gel against pimples, blackheads and blemishes with a pH value of 5.5.

Properties and special features:
When skin is dehydrated or irritated through intensive cleansing or acne therapy, the care gel eliminates a feeling of tightness, roughness and flaking through

hyaluronic acid and allantoin, without stimulating the formation of new pimples through oils or emulsifiers. Aloe vera soothes the irritated skin. Panthenol encourages its regeneration. Contains no colorants or perfume substances.

Package size:
50 ml tube

CLEAR FACE Anti-Pimple Gel

Product description:
Inflamed skin is healed quickly through selective drying of the pimples. An antibacterial effect while soothing the skin at the same time.

Properties and special features:
Applied to inflamed pimples selectively, the Anti-Pimple Gel combats acne bacteria with chloroxylenol

and alcohol. Hamamelis and bisabolol reduce inflammation. Hydrolyzed silk and allantoin smooth stressed skin, which regenerates faster thanks to panthenol. Contains no colorants, oil or emulsifiers.

Package size:
10 ml tube



CLEAR FACE Coloured Anti-Pimple Cream

Product description:
The cream provides reliable coverage of inflamed pimples. It combats pimples selectively through an antibacterial effect combined with intensive care and soothing for quick healing.

Properties and special features:
Pimples are concealed with the camouflage cream immediately. At the same time active substances in the Anti-Pimple Cream combat acne bacteria with

chloroxylenol and alcohol. Phytosterols calm and soothe irritated skin. Jojoba oil, shea butter and allantoin smooth and protect the skin, panthenol promotes the healing process.

Package size:
10 ml tube





sebamed ANTI-DRY

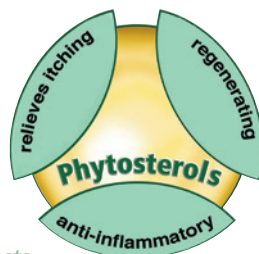
When your skin is itchy, tight or chapped.

The sebamed ANTI-DRY skin care products contain an innovative concentrated formulation of these natural phytosterols from rapeseed providing a superior calming and soothing effect on the skin: flare-ups are calmed, itching and stinging are relieved.

With their barrier-enhancing efficacy, the phytosterols provide strong protection without excess oiliness. Phytosterols have a prolonged hydrating and protective effect, alleviating both redness and itching, as compared to short-term moisturizing and ant-itching effects of urea.

*sebamed ANTI-DRY
A systematic, medicinal
skin care for your dry skin
with phytosterols*

Efficacy proven in clinical tests



ANTI-DRY Derma-Soft Wash Emulsion

Product description:
The unique ingredient composition of sebamed ANTI-DRY Derma Soft Wash Emulsion is based on natural skin-related amino acids, glucose and lipids to give dry skin reliable protection against irritation and dryness through lipid erosion. The gentle wash active complex in combination with the re-hydrating capacity of Panthenol is formulated to safeguard and conserve

the skin's moisture balance, which results in a noticeable improvement of the skin feeling. The pH value of 5.5 protects the skin's natural protective acid mantle against dehydration and irritants. Dermatologically tested in dry skin: moisturizes during cleansing.

Package size:
200 ml bottle



Hydrating Shower Balsam

Product description:
A very mild wash active compound with algae extract, proteins and amino acids make the skin soft and smooth. Phytosterols

combined with natural oils supply skin-related lipids for lipid and moisture balance.

Package size:
200 ml bottle



Revitalizing Shampoo

Product description:
Specially formulated with an extra mild wash active compound for gentle cleansing without irritation. The active organic protein complex combined with guar seed smoothes and regenerates the structure of the hair

Package size:
200 ml bottle



ANTI-DRY Day Defence Cream



Product description:
The optimal combination of active ingredients to replenish and balance the moisture content of the skin as well as defend it effectively from additional detrimental impacts. Highly concentrated phytosterols calm sensitive dry skin to relieve tension, itching and

irritation. Avocado oil (with skin-related lipids, Vitamin A and E) combined with Vitamin E care for, protect and soothe the skin. The cream is rapidly absorbed without leaving greasy residue.

Package size:
50 ml jar

ANTI-DRY Night Intensive Cream



Product description:
Utilizing the heightened nocturnal receptiveness and regenerative capacity of skin cells, the cream is formulated with a higher level of phytosterols (3%) to accelerate regeneration and effectively alleviate irritation. The active ingredient complex is absorbed quickly to restore the natural moisture balance of the

skin, increasing its elasticity and making it perceptibly smoother and suppler. Combined with the daily application of seba med ANTI-DRY Day Defence Cream, the lipid content of the facial skin can be normalized.

Package size:
50 ml jar

ANTI-DRY Hydrating Body Lotion



Product description:
The organic-sourced active ingredient complex of seba med ANTI-DRY Hydrating Body Lotion effectively nourishes the skin; boosting hydration by 26% within a 3-week period. Lipid reservoirs are replenished to restore the skin's natural moisture balance, smoothing the skin

and increasing its elasticity. The regenerative capacity of the rapeseed phytosterols effectively alleviates skin irritation. The lotion is rapidly absorbed without leaving residues.

Package size:
200 ml bottle



seba med ANTI-AGEING

The seba med ANTI-AGEING skin care management system has been created to support the natural metabolic processes and receptivity of the skin to prolong its youthful vitality.

ANTI-AGEING Q10 Protection

Product description:
seba med ANTI-AGEING Q10 Protection is a light, yet rich oil-in-water emulsion with a complex of active ingredients designed to compensate for already existing age-induced changes in the skin and to prevent further damage to the skin structure and functions by extrinsic noxious factors. seba med ANTI-AGEING Q10 Protection is adapted to the physiological pH 5.5 of the skin. Thus, it supports the barrier function against dehydration and the penetration of irritants and allergens. The pH 5.5 also enhances the moisturizing effect of the cream.

Properties and special features:

Absorbed rapidly without leaving oily residues on the skin. Well suited for sensitive skin. Provides 24 hour protection. Can be used as a basis before the application of make-up.

Package size: 50 ml jar



ANTI-AGEING Q 10 Lifting Eye Cream

Product description:
Q10 Lifting Eye Cream has been formulated to reduce fine lines and wrinkles in the sensitive eye area.

Properties and special feature:
Less wrinkleless in 28 days

Averaging 32% reduction of wrinkles within the 28 day test period. The co-enzyme Q10, an important catalyst, which is natural to the body, activates the metabolism of energy on a cellular level. Its production in the skin decreases noticeably from



the age of 30. An active ingredient complex based on phytopeptides combined with mucopolysaccharides provide intensive moisture.

The valuable, natural lipid resources of shea butter, avocado and almond oils smooth the skin.

Package size: 15 ml tube

ANTI-AGEING Q10 Firming Body Lotion

Product description:
sebamed ANTI-AGEING Q10 Firming Body Lotion gives your skin the protection it needs, increasing the hydration for moisture balance, to improve and maintain the elasticity of the skin and counteract loss of firmness. Formulated with coenzyme Q10 which activates the metabolism of oxygen in the cells and the Dermo-Active botanical ingredient complex combining the natural strength of

barley extract, organ oil and shea butter to nourish and protect the skin. sebamed ANTI-AGEING Q10 Firming Body Lotion helps the skin to regain and maintain its equilibrium, prolonging the skin's elasticity to safeguard against premature ageing. The pH value of 5.5 stabilizes the barrier function of the acid mantle to shield against noxious environmental influences.

Package size: 200 ml bottle



sebamed SUN CARE Enjoy the sun ♦ Avoid the damage

In the sun, our skin absorbs vitamin D and reacts to UV exposure positively through the thickening of the stratum corneum, which strengthens its resistance to environmental influences and by promoting melanin synthesis. However the powerful UV rays of the sun can also cause irreparable injury to the skin through damage of the DNA, lipids and proteins in the cells and tissue; producing sunburn, sun allergies and increasing the risk of skin cancer.

Our skin absorbs UV-A (long-wave ultraviolet radiation) and UV-B rays (short-wave ultraviolet radiation) and this is where the highly effective sun filters of sebamed's water-resistant sun care products offer your skin the best possible protection so that you can enjoy our greatest source of energy the sun and the pleasure of an attractive tan.

The Sun Care product range of sebamed offers a state-of-the-art sun protection filter system, while intensively hydrating and regenerating sensitive skin.

Multi Protect SUN Lotion



- Sun protection for the body
- Available in SPF 8, 12, 15, 20, 30, 40 and 50+

Product features:

- Reliable pH balanced UVA + UVB protection
- Highly effective UVA/UVB filter system combined with a micro-pigment prevent sunlight induced damage and irritations to the skin
- Anti-Ageing cell protection with vitamin E and regenerating provitamin B5
- Moisturizing complex with avena strigosa (black oats)

provides up to 24 hours intense hydration with depot-effect to protect the elasticity of the skin

- Helps to prevent sun-induced pigmentation marks and signs of premature ageing
- Water & sweat resistant up to 6 hours, sand resistant
- Easily applied, no whitening
- Oil-free, non occlusive
- Excellent tolerance for sensitive skin

package size: 150 ml bottle

Multi Protect SUN Spray



- Sun protection for the body
- Very easy to apply
- Available in SPF 20 and 30

Product features:

- Reliable pH balanced UVA + UVB protection
- Highly effective UVA/UVB filter system prevents sunlight induced damage and irritations to the skin
- Anti-Ageing cell protection with vitamin E and regenerating provitamin B5
- Moisturizing complex with avena strigosa (black oats)

provides intense hydration to protect the elasticity of the skin

- Helps to prevent sun-induced pigmentation marks and signs of premature ageing
- Water & sweat resistant, no whitening
- Easily applied, upside-down pump
- Oil-free, non occlusive
- Excellent tolerance for sensitive skin

package size: 150 ml bottle

Multi Protect SUN Cream

- Sun protection for face, hands and dry parts of the body
- Available in SPF 15, 20, 30, 40 and 50+

Product features:

- Reliable pH balanced UVA + UVB protection
- Highly effective UVA/UVB filter system combined with a micro-pigment prevent sunlight induced damage and irritations to the skin
- Anti-Ageing cell protection with vitamin E and regenerating provitamin B5
- Moisturizing complex with avena strigosa (black oats)

provides up to 24 hours intense hydration with depot-effect to protect the elasticity of the skin

- Helps to prevent sun-induced pigmentation marks and signs of premature ageing
- Water & sweat resistant up to 6 hours, sand resistant
- Easily applied, no whitening
- Oil-free, non occlusive
- Excellent tolerance for sensitive skin

package size: 75 ml tube



After SUN Soothing Balm

- Soothes sun-exposed skin

Product features:

- Specially formulated after sun balm rapidly relieves and revitalizes overheated skin after sun exposure
- Balanced complex of skin care ingredients restores hydrolipid balance of the skin
- Vitamin E protects against free radicals
- Combined cooling and soothing properties of menthol, allantoin and bisabolol regenerate the skin

- High content of essential natural lipids in cacao butter and glycerin provide intense hydration and protect the elasticity of the skin
- Makes the skin smooth and supple to enhance your tan
- pH 5.5 strengthens the natural protective function of the skin's acid mantle

package size: 150 ml bottle



Enjoy the sun ☀️ Avoid the damage

Children's skin differs from adult's skin structurally and functionally, during the first years of life. The superficial horny layer has a looser structure making it more penetrable for noxious agents, as well as, for water loss from the deeper strata. Therefore, a child's skin is more prone to irritation and dryness. Also the hydro-lipid film on the skin's surface is less effective than in adults, due to the

low sebum production of the sebaceous glands, which only become active in adolescence. Due to the looser structure, children's skin is more endangered by UV-radiation from the sun. The risk for short and long-term skin damage is therefore higher in children than in adults. For this reason Baby sebamed offers a diverse and state-of-the-art sun protection system for your child.

Sun Lotion



- Sun protection for the body
- Very easy to apply
- Available in SPF 20, 30, 40 and 50+

Product features:

- Reliable UVA + UVB protection with the pH 5.5
- Highly effective UVA/UVB filter system combined with micro-pigments prevent sunlight induced damage and irritations to the skin
- Skin protection with vitamin E and regenerating provitamin B5

- Natural Hydro-Fructol formula provides intense hydration to protect against dryness
- Water & sand resistant
- Easily applied, non-greasy, does not leave white residues
- Oil-free, alcohol-free
- Tested efficacy and skin tolerance

Indications:

- Shields against sunburn
- Dermatologically and clinically tested

package size: 200 ml bottle

Sun Spray

- Sun protection for face, hands and dry parts of the body
- Very easy to apply
- Available in SPF 50

Product features:

- Reliable UVA + UVB protection with the pH 5.5
- Highly effective UVA/UVB filter system combined with micro-pigments prevent sunlight induced damage and irritations to the skin
- Skin protection with vitamin E and regenerating provitamin B5

- Natural Hydro-Fructol formula provides intense hydration to protect against dryness
- Water & sand resistant
- Easily applied, non-greasy, does not leave white residues
- Oil-free, alcohol-free
- Tested efficacy and skin tolerance

Indications:

- Shields against sunburn
- Dermatologically and clinically tested and clinically tested

package size: 200 ml



Sun Cream

- Sun protection for face, hands and dry parts of the body
- Very easy to apply
- Available in SPF 20, 30, 50 and 50+

Product features:

- Reliable UVA + UVB protection with the pH 5.5
- Highly effective UVA/UVB filter system combined with micro-pigments prevent sunlight induced damage and irritations to the skin
- Skin protection with vitamin E and regenerating provitamin B5

- Natural Hydro-Fructol formula provides intense hydration to protect against dryness
- Water & sand resistant
- Easily applied, non-greasy, does not leave white residues
- Oil-free, alcohol-free
- Tested efficacy and skin tolerance

Indications:

- Shields against sunburn
- Dermatologically and clinically tested and clinically tested

package size: 75 ml tube





Five tips for beautiful and healthy skin

Apart from healthy and comprehensive care, you can do even more for your skin. Because beauty begins with a healthy way of living.

Tipp 1 Eat healthy foods! A balanced diet with a lot of fruit and fresh vegetables supplies your body with everything it needs and also keeps your skin healthy and fit.



Tipp 2 Get plenty of beauty sleep! Sleep is the simplest form of beauty care. Especially when you are very stressed, your skin needs enough sleep to regenerate itself.

Tipp 3 Protect your skin! In the household or at the workplace, cleaners and acids, bases and solvents can have a very negative effect on your skin. Therefore use gloves!



Tipp 5 Clean your skin correctly! Dermatologists recommend: wash twice a day at most. Do not shower or bathe too frequently or too long. Water temperature 32-35° C. Cream your skin carefully after every bath or shower.

Tipp 4 Ensure a healthy room climate! Very dry skin suffers from overheated and dry room air. Air regularly and increase humidity with humidifiers and indoor plants!



sebamed Skin Care Advice Service

If you have any questions about the right care for your skin, we would be pleased to help you. With up-to-date information and individual care tips.